

Sunday between 17 and 23 July

Sixteenth Sunday in Ordinary Time (Year C)

First Reading - Genesis 18.1-10a

A reading from the book of Genesis.

This is how the Lord
appeared to Abraham
at Hebron.
As Abraham sat
at the entrance to his tent
in the heat of the day,
he looked up
and saw three figures
standing near by.
He ran to them,
and bowed down,
saying, 'My Lord,
if I have found favour in your sight,
do not pass by,
but rest here
in the shade,
and let me bring water
to wash your feet,
and bread,
that you may eat,
and be restored,
before you continue
on your way.'
Abraham hurried back to the tent,
and asked Sarah
to prepare three measures
of the finest flour,
and knead it quickly
to make bread.
He went out
to the cattle,
and took the best calf,
and gave it to the servant,
to prepare it.
Then he took butter,
and milk,
and the meat of the calf,
and set it before the three visitors.
And he stood by them,
in the shade of the tree,
while they ate.
They said to Abraham,
'Where is Sarah, your wife?'
Abraham said, 'She is there,
in the tent.'
And one of them said,
'I will surely return to you
when the time is right,
and Sarah, your wife,
will have a son.'
This is the word of the Lord.

Second Reading - Colossians 2.12-14, 3.1-2

A reading from the letter of Paul to the Colossians.

Once, we were dead
in our trespasses.
But now, we have been raised up
to new life in Christ.
All our trespasses are forgiven;
the account that stood against us
has been erased;
all of its demands have been
nailed to the cross.
In our baptism, first we were
buried with Christ;
then, we were raised up
to new life with Christ;
and all this
through our faith in the power of God, who
raised Christ from the dead.
So now that we have been raised up
to new life in Christ,
let us set our minds no longer
on the things of earth,
but on the things of heaven, where
the risen Christ
is in the presence of God.
This is the word of the Lord.

Gospel - Luke 10.38-42

Hear the Gospel of our Lord Jesus Christ
according to Luke.

Jesus and his disciples
entered a village
as they continued on their way.
In that village, a woman called Martha
welcomed Jesus into her home.
Martha had a sister called Mary,
and Mary sat at the Lord's feet,
listening
to his words.
But Martha was distracted
by her many tasks;
and she said to Jesus, 'Lord,
do you not care
that my sister
has left me
to do all the work
by myself?
Tell her
that she is
to help me!'
But the Lord answered her, 'Martha,
you are anxious
and distracted
by many things,
but there is need
of only one.
Mary has chosen
that one good thing,
and it will not
be taken away from her.'
This is the Gospel of the Lord.