

**Sunday 5 July 2026**

*Fourteenth Sunday in Ordinary Time (Year A)*

**First Reading - Zechariah 9.9-10**

A reading from the book of the prophet Zechariah.

Rejoice, O Zion,

    and shout aloud, O Jerusalem,  
for your king is here,  
    your righteous saviour,  
    humble, and riding  
    on a donkey.

He will banish  
    the chariots of battle  
    and the weapons of war.

He will command peace  
    for all nations,

across the whole land,  
    and  
    to the ends  
    of the earth.

This is the word of the Lord.

**Second Reading - Romans 8.1-4**

A reading from the letter of Paul to the Romans.

There is now

    no condemnation  
    for those who are  
    in Christ Jesus.

For the spirit of life,  
    in Christ Jesus,

has set us free  
    from the power  
    of sin  
    and death.

In the weakness  
    of our  
    human flesh,  
the law

    could never  
    set us free.

But God has now done  
    what the law  
    could not do.

By sending  
    God's own Son,  
    in human flesh,

like a perfect  
    sacrifice for sin,  
God has destroyed

    the power  
    of sin and death.

And so

    we finally enter  
    into the righteousness  
    that the law intended,

living now

    not  
    by our weak  
    human flesh,  
    but by  
    the spirit.

This is the word of the Lord.

**Gospel - Matthew 11.18-19, 25-30**

Hear the Gospel of our Lord Jesus Christ  
    according to Matthew.

Jesus said,

‘John the Baptist came,  
    neither eating nor drinking,  
    and they said he had a demon.

The Son of Man comes,

    eating and drinking,  
    and they call him a glutton,  
    a drunkard,  
    and a friend of sinners.

But wisdom

    is known  
    by her deeds.’

And Jesus said,

‘I thank you, Father,  
    Lord of heaven and earth,  
    that you have revealed

    to your children  
    what you have hidden  
    from the scholar  
    and the scribe.

You have trusted me

    with all things,  
    as Father  
    to Son,

so that others  
    will come to know you, Father,  
    as I know you.’

And Jesus said,

‘Come to me,  
    all you  
    that are weary,  
    with heavy burdens,  
    and I will give you rest.

Walk with me,  
    and learn from me;  
    for the burden  
    I will place upon you  
    will fit you well,  
    and will not overwhelm you.

For I am gentle,  
    and humble in heart;  
    and you will find rest  
    for your soul.’

This is the Gospel of the Lord.